

# Registration Form

*Please fill out both sides of this form*

Your **Email address** is critical so we can ask about activity preferences, etc.

First Aid/Lifeguard/Swimming Level

Paddling Experience

Medical History/Medications

Registration form with \$180 payment to be given to Stephanie Boudreau at the Reception Desk of the A&A Building of the University of King's College, 6350 Coburg Road, Halifax. Limited spaces available.

**DEADLINE FOR REGISTRATION IS OCTOBER 4, 2010.**

## To Bring

Knapsack, appropriate footwear and clothing for the activity chosen, water bottle, lunch food for Saturday (will depend upon activity chosen), musical instrument, snacks, flashlight, and sleeping bag if you want to sleep in a tepee.

## Supplied

Canoes, paddles, safety gear, PFDs, accommodations and transportation.



*Veronica and Emma on the Annapolis River retreat 2008*

## Cost

Registration fee is \$180 (this covers only part of the total costs of the Retreat). You will be provided with return transportation from Halifax to Base Camp, transportation from Base Camp to Kejimkujik Park during weekend, sleeping accommodations (modern chalets in a rustic retreat setting or tepee/tents if preferred), and meals. Students are asked to bring admission cost to Kejimkujik Park (\$5.80 per day), and money to cover costs of canoe and bike rental if appropriate.

## King's College Chapel

### Fall Retreat

15 - 17 October 2010



*Harry Lake at the Mersey River Nature Retreat - Base Camp for the Retreat*

Experience the exquisite beauty of Nova Scotia's backcountry in Kejimkujik National Park.

Canoeing

Hiking

Biking

Or simply study and relax in nature's bosom.

Activities with others or silence in solitude:

It is YOUR retreat!

## The Plan

Retreatants will leave from the King's Quad on Friday, 15 October at 3 p.m. Upon arrival at Mersey River Chalets, retreatants will shake out and have an evening meal, followed by the first Address. Compline will be sung in canoes on Harry Lake.

On Saturday after Breakfast and the second Address, from 11 a.m. until 6 p.m. retreatants will participate in a chosen activity: the options are described below. Most will spend this time in Kejimikujik National Park, but students may also opt to remain at the Retreat Centre for gentle walks, reading, or to spend time in solitude and silence. In the evening the meal is followed by the third address.

On Sunday following breakfast we will have our fourth and final address. Retreatants will enjoy another five hours in Kejimikujik Park at an activity of their choosing before having a meal at the Park and leaving for the Quad at 5.45 p.m. Vans will arrive back at the Quad at 7.30 p.m.

This is a 'Chapel Retreat' and 'ordered Prayer' will give structure and context to the Retreat. The expectation is that Retreatants will be adherents of one of the world's faith groups, agnostic or atheist.



Retreat 2009

## Accommodations

Base camp will be at Mersey River chalets, an All Season Wilderness Resort 5 km north of the entrance to Kejimikujik Park ([www.merseyriverchalets.com](http://www.merseyriverchalets.com)). Retreatants will stay in modern heated cabins, a lodge, or outside in a rustic tipi-village. Kitchen facilities are provided. Retreatants may also bring a small tent if preferred. Retreatants must bring a lunch for Saturday, appropriate to the activity they have chosen.

## Retreat Speaker



Dr Stephen Blackwood came to King's College in 1993 and spent the next decade in Halifax as a FYP student, graduate student at Dal Classics, a Residence Don, the Director of a Youth Programme in the North End, and as a Teaching Fellow in FYP. He left Halifax for a dissolute life in Paris before moving to the United States for a PhD in religion, which he recently completed. Stephen and his wife, Nicole, an art historian, have recently moved to Toronto. Stephen's work focuses on

therapies of language and liturgy in ancient and medieval texts, and more broadly on issues pertaining to the soul, memory, and redemption.

As Chapel Theologian for this academic year Stephen will engage students theologically: i.e. about the meaning of this world as expression of Divinity, the Good, the One, Beauty, Truth, and Love. His talks at this Fall Retreat will begin a conversation around the general theme of 'Desire, Consumption, and Anxiety': 'Desire and Fire', 'Desire and the Body', and 'Desire and the Intellect'.

## Recreational Activities

Retreatants will choose one activity for each day.

### Saturday

- Remain at Mersey River Nature Resort for personal canoeing, light walking, relaxation, solitude, reading, etc.
- Canoe trip in Kejimikujik Park. 5 hours with rest stops. Bring sunscreen, lunch and water.
- Backcountry hike (24 km).
- Hiking on short nature trails in the Park.
- Backcountry biking. (38 km)

### Sunday

- Canoe trip in Kejumkujik (4 hours).
- Hiking on short nature trails in the Park.
- Backcountry biking. (19 km)

## Registration Form

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Name:

Email:

Address on Campus or in Halifax:

Emergency Contact:

Dietary needs: